

# Heart&Stroke *Walkabout*™ Leader Orientation Registration Form

Become a Heart&Stroke *Walkabout*™ Leader or supporter! This orientation session includes a leader handbook, pedometer, inspiring activities around how to start a walking group in your community, information on safety and group leadership, and a fun demonstration of our interactive website!!

**Registration is FREE but space is limited!**

1. Location and Date: **West Side Sobeys (River Road)**  
38 George Street, New Glasgow  
Thursday, October 6<sup>th</sup> 2011 11:30 a.m. – 1:30 p.m.
2. Please indicate (✓) your **primary** reason for wanting to attend this orientation session:  
I want my current walking group/club to become affiliated with *Walkabout*   
I wish to start a new walking group/club in my community   
Other (please specify): \_\_\_\_\_
3. Please indicate (✓) your experience with walking groups:  
Experience as a group leader   
Experience as a group member only   
No experience with community walking groups   
Other (please specify): \_\_\_\_\_
4. Please indicate (✓) if you have:  
Logged onto [www.walkaboutns.ca](http://www.walkaboutns.ca)   
Created a user account on [www.walkaboutns.ca](http://www.walkaboutns.ca)   
Created a group on [www.walkaboutns.ca](http://www.walkaboutns.ca)   
Created a route on [www.walkaboutns.ca](http://www.walkaboutns.ca)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Registration deadline: Oct 3<sup>rd</sup>**

Call Rae Gunn at 902-485-4372 ext. 256 to register by phone  
or return your form by e-mail to: [coordinator@activepictourcounty.ca](mailto:coordinator@activepictourcounty.ca)  
or fax:485-8110 Attention Rae

The Heart and Stroke Foundation of Nova Scotia respects your privacy. We protect your personal information and adhere to all legislative requirements with respect to privacy. We do not rent, sell or trade our mailing lists. We use your personal information to provide services and to keep you informed and up to date on activities of the Heart and Stroke Foundation, including programs, services, special events, funding needs, opportunities to volunteer or to give and more through periodic contacts from the Heart and Stroke Foundation. If, at any time, you wish to be removed from any of these contacts please contact the HSFNS Volunteer Development Coordinator at 1-800-423-4432 or email [contactus@heartandstroke.ns.ca](mailto:contactus@heartandstroke.ns.ca).

[walkaboutns.ca](http://walkaboutns.ca)

